



St. Elizabeth's

EPISCOPAL CHURCH OF RIDGEWOOD

welcome home



March 2023
Volume 96 Number 3

From the Rector's Desk...

On Ash Wednesday we always hear a portion of Jesus' Sermon on the Mount where he gives us guidance in three areas: prayer, fasting, and almsgiving [see Matthew 6.1-6, 16-21]. These three practices have become important pillars of the Season of Lent. All Christians are encouraged to undertake these practices in some way not only during the 40 days of Lent, but, hopefully, all throughout our lives.

In my sermon at the noon service on Ash Wednesday, I encouraged those in attendance to take these practices seriously, especially the practice of almsgiving. Traditionally almsgiving has meant giving to those in need in some way. And not just giving our leftovers to the poor and needy, but giving **sacrificially**. Almsgiving is all about asking ourselves, "How can God use me to be a blessing to others?" For some that might mean giving money; for others it could be giving our time to serving those in need; for all who are able it means both. *How can God use you to be a blessing to others?*

I think many of us (myself included) got out of the habit of serving our neighbors in need during COVID—necessary pandemic restrictions made it difficult and sometimes impossible to serve in our normal ways. Thankfully, those days seem to be behind us. In 2023, I'd like to encourage you to consider again how you might serve our neighbors with your time as well. I've made that commitment.

Since the beginning of the year, I've been serving weekly with Community Meals by delivering food every Thursday to homebound seniors in our area. I decided to begin working with this organization because it is one of our church's outreach partners. Last year our Outreach Committee supported 19 organizations with grants totaling almost \$108,000. Think of the difference we could make if we each committed to serving one of those 19 organizations (or some other organization) with our time. This is part of the work we are called to do during Lent.

Consider making a meal for St. Paul's Men's Shelter in Paterson, or working at the Thrift Shop in Midland Park, or reconnecting with Philip's Academy Charter School in Paterson, or delivering a meal with Community Meals. If you need some suggestions on how you might

serve, reach out to a member of our Outreach Committee—they would be glad to tell you more about our various partner organizations.

Speaking of our Outreach Committee, I hope you have already marked your calendars for our spring outreach event that will take place on May 20th at 6:00 p.m. We're calling it *Be the Light...An Evening in Support of Outreach*. More on that exciting event will come your way in the days ahead.

Jesus says in the fifth chapter of Matthew's gospel that we are the light of the world. **YOU are the light of the world.** When we give to and serve our neighbors in need, then we are sharing that light with others.

Don't hide your light. Let your light shine bright this Lent, and watch it change the world.

Faithfully yours in Christ,
Andy+

Liturgical Changes during Lent

On Ash Wednesday we began the holy season of Lent, a time of journeying with Jesus into the wilderness as he makes his way to the cross. In the bible, the "wilderness" always represents a place that is wholly unlike the norm—it is unexpected and different. And so it is with Lent. Over the next several weeks, our Sunday services will be similar in some ways and different in others. It's ok if you don't always know what's going on, or which page to turn to, or when to stand or kneel or sit. We're all in this together and we'll journey through these liturgical changes together. Ask questions and don't be afraid to ask for help if something seems unfamiliar. I pray that our beautiful Anglican and Episcopal traditions can help us all have a deeper connection with God during the Lenten season.

1. **Purple hangings and matching vestments.** At St. Elizabeth's, the altar frontal is purple, with matching hangings on the lectern and pulpit, and the clergy will also wear purple stoles. Purple is the liturgical color for Lent (or an off-white, unbleached linen in some places), and it symbolizes the pain and suffering that Christ endured on the way to the cross. It is also the traditional color for royalty, reminding us of Christ's Resurrection and Kingship in heaven.
2. **No flowers on the altar.** In keeping with the mood of penitence and reflection that we observe during Lent, we refrain from the use of flowers on the altar. Flowers given in memory of loved ones will be placed in the Narthex during the Lenten season.
3. **Changes to the Holy Eucharist.** We will use the Rite One service during Lent, which has features that are closely related to the themes of Lent. For instance, the longer bidding to Confession in Rite One (which dates to 1549), begins, "Ye who do truly and earnestly repent you of your sins" (BCP, p. 330). The Rite One service allows for sentences of scripture to be said after the Confession and Absolution. These sentences, sometimes called the "Comfortable Words," do not appear in the Rite Two service. These four passages of scripture are helpful reminders of the forgiveness of sins we, and the whole world, receive from Jesus our Lord.

4. **Kyrie instead of Gloria.** Again, in keep with the spirit of penitence, we ask the Lord for mercy instead of singing a more jubilant Gloria or other song of praise. “Kyrie” is the Latin word for “Lord,” but we will sing this text in English (i.e., “Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.”)
5. **Eucharistic Prayer II.** Many who are familiar with the Rite One service have only ever prayed Eucharistic Prayer I (page 333). During Lent, we will use the alternative Rite One Eucharistic prayer offered to us (page 340). We will still pray the much beloved Prayer of Humble Access on page 337 after the Breaking of the Bread.
6. **A different musical setting for the Sanctus.** During the Holy Eucharist, you will notice different music for the Sanctus (*Holy, Holy, Holy Lord*). The setting is a simpler version than we are accustomed during other seasons of the year, which is appropriate during Lent.
7. **No “Alleluias”.** In keeping with the spirit of penitence, saying and singing “Alleluia” is omitted from all services during Lent. The exception to this rule occurs if the Burial Rite (funeral) takes place during Lent. As our prayer book says, “The liturgy for the dead is an Easter liturgy (page 507).” Even during Lent, funerals are appropriate times to say and sing “Alleluia” because those services find all their meaning in the resurrection.
8. **The Great Litany, the Exhortation, and the Decalogue.** These various parts of our prayer book are wonderful ways for us to do the Lenten work of self-examination, repentance, and amendment of our lives. We will use these various opportunities for prayer on the different Sundays of Lent.

The Observance of Lent at St. Elizabeth’s

Some highlights of the season:

- **Weekday Services of Morning Prayer at 8:30 am** Quiet fellowship and a sense of holy community characterize this liturgy. We do the entire service seated, there is no singing, and no preaching. We use the Rite I (traditional) version of Morning Prayer, and the entire service lasts perhaps twenty minutes.

The service is live on Zoom Monday through Friday. On Tuesday, Wednesday, and Thursday the service is also in the Chapel at St. Elizabeth's. This is a successful blend of in-person and online worship. The church and Zoom room open at 8:20. Please use the door opposite the stairs to the Rectory. To participate via Zoom: Go to zoom.us and select “Join A Meeting.” Enter the Meeting ID: 858 4728 7483 Password (if asked): Morning. Contact Jim Alimena at jim.alimena@gmail.com with any questions.

- The use of Rite I at the Eucharist instead of Rite II.
- The Penitential Acclamation at the beginning of each Eucharist.
- The omission of the word “Alleluia” and the Gloria in the Eucharist. The Kyrie [“Lord, have mercy upon us”] will replace the Gloria.
- The recital of the full Ten Commandments or the Summation of the Law at the Eucharist.

- **Monday Night Lenten Dinners** For this year's adult Lenten series, we will focus on the **Practice of Prayer**. Weekly sessions will include some teaching on prayer: what it is, how it's done, and why it can help you. We'll look at different Christian prayer practices, and participants will be invited to share their favorite prayers and prayer practices as part of the series. This year, we will return to having our Lenten series on **Monday evenings**. We will gather at 6:30 p.m. in the Parish Hall for a simple soup dinner, and then our weekly class will begin around 7:00 p.m. We'll conclude each session with Compline (night prayers) from our prayer book, and end no later than 8:15 p.m. The schedule will be:
 - February 27:** *What is prayer?*
 - March 6:** *The Daily Office: Prayer Hour by Hour*
 - March 13:** *The Rosary: Prayer with Beads*
 - March 20:** *The Examen: Prayer as Reflection*
 - March 27:** *Lectio Divina: Prayer with Scripture*
- **Weekly Lenten Video Series** Starting on Wednesday, March 1st, after the first Sunday in Lent, we will begin a weekly video series that will be modeled around the historic Catechumenate formation. This formation will inform our faith and help us to deepen our understanding of God, human relationships, and the meaning of life. We will explore together Scripture, the creeds, and Christian doctrine, while also reflecting on the sacraments, exemplary Christian figures, and in prayer. A weekly video will be posted each week during Lent that can be watched at one's own convenience. A short weekly discussion will be held after the 10 am service on Sundays to give parishioners a chance to meet and discuss with others who are participating in the series. Resources for daily scripture reading, prayer, and reflection will be provided with each video. Please look for more information as Lent approaches. We hope you will join us as we journey together towards a deeper understanding of our Christian identity.
- ***Requiem in C minor, Op. 54* by Camille Saint-Saëns on Sunday, March 26th at the 10 a.m. service** The week before Palm Sunday, the Senior Choir, will offer the *Requiem in C minor, Op. 54* by Camille Saint-Saëns. A chamber ensemble with strings, harp, and organ will join the Senior Choir. Anastasia Swope, Alicia Luick, Brian Hays, and Anthony Alberti will be the featured soloists, soloists quartet, and section leaders within the choir!

Other elements of Lent at St. Elizabeth's include:

Palm Sunday (April 2) The service begins with the Liturgy of the Palms, and also includes the reading of the Passion Gospel.

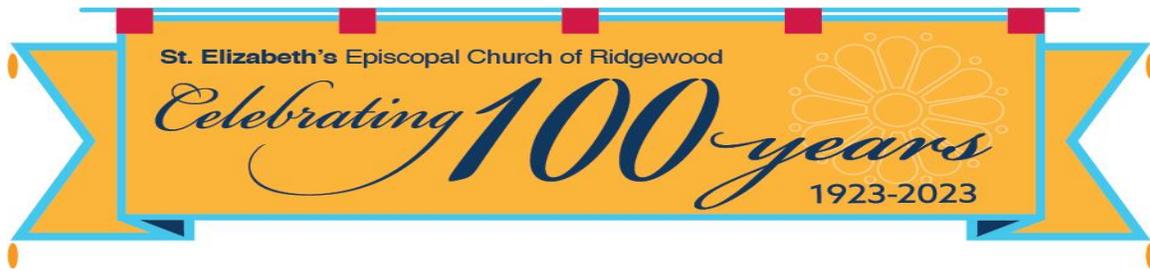
Holy Week Holy Eucharist Rite I on Monday and Wednesday at 12:00 noon.

Maundy Thursday (April 6) The Liturgy includes the Institution of the Lord's Supper and the Stripping of the Altar.

Good Friday (April 7) The Liturgy will include the Reading of the Passion of Jesus Christ according to John.

Holy Saturday (April 8) The Liturgy includes the Lighting of the Paschal (Easter) Candle, the chanting of the Exultet, and the Easter Acclamation.

DAO



WE ARE TURNING 100

Thank you for joining us this morning for Sunday services at our historic church, affectionately known as “the church on the hill” since we first opened our doors nearly 100 years ago. We are celebrating our centennial anniversary in a variety of ways through June of 2023, and we invite you to participate in all the festivities.

**CENTENNIAL CELEBRATION
GUEST PREACHER SERIES CONTINUES**

**Please plan to join us at 10 a.m. on these upcoming Sundays
when we will highlight and honor St. Elizabeth’s
longstanding tradition of excellence in preaching.**

March 12: The Rev. Nolan Palsma
Pastor of Upper Ridgewood Community Church



The Rev. Nolan Palsma, Pastor of Upper Ridgewood Community Church (URCC), our neighbor church on Fairmount Road, will be the second guest preacher in our ongoing series. The URCC congregation will join us for worship that day, and its choir will combine with ours for the service music. A festive coffee hour will follow in the Parish Hall.

Nolan has been in the ministry for 42 years. Born and raised in the state of Iowa, Nolan graduated from Northwestern College (Orange City, Iowa) and Western Theological Seminary (Holland, Michigan). Prior to his ministry at URCC, he served at Pequannock Reformed Church in Wayne and Pitcher Hill Community Church in North Syracuse, New York. Nolan also has served on many denominational committees and college boards, and chaired local clergy fellowships.

Nolan is married to Phyllis, who is Director of the Pastoral Care Department at Christian Health in Wyckoff. They will be retiring on April 30 and moving to Liverpool, NY. They have three grown children. Ryan is in his third-year residency as a neuro-surgeon at the University of Arizona Medical Center in Tucson, AZ, and his wife, Cassie, is a Doctor of Psychology doing consulting work between area schools and with the University of Arizona. Sarah is the co-pastor of New Hope Reformed Church in Powell, OH. She has

a special friend, D.J. Wheeler, who is a chemical engineer working out of Columbus, OH. Anna is a middle school instrumental instructor, and her husband, Steve Salem, is a high school instrumental instructor, both in the Liverpool School District in Liverpool, NY. They have a two-year-old daughter and a newborn.

Aside from sharing with St. Elizabeth's its unique setting as a house of worship on Fairmount Road, URCC also recently celebrated its 100th anniversary. It is a congregation of the Reformed Church in America, the oldest Protestant denomination in America with a continuous ministry since 1628.

April 16: The Rt. Rev. Carlye Hughes

Bishop of the Diocese of Newark

Carlye Hughes is the 11th Bishop of the Diocese of Newark. She is the first woman and African American to serve as bishop of our diocese.

April 30: The Rev. Dr. Robert MacSwain

Associate Professor of Theology at the School of Theology at Sewanee

A Priest of the Oratory of the Good Shepherd, Robert MacSwain has authored or edited a number of books in philosophy and theology, including *The Cambridge Companion to C. S. Lewis* (Cambridge University Press, 2010).

Happy Birthday, St. Elizabeth's

All-Parish
Worship Service and Celebration
Sunday, June 25 at 10 a.m.

*Commemorating the first worship service on June 24, 1923
and concluding our centennial observances*

Associate Rector for Church Growth

As we continue to journey during this season of Lent, I hope that you will make time to pause and reflect on where God is working in your life and in the world around you. I encourage you to join me in making an effort to listen intentionally to God this Lent as we each discern where God is calling us. There are many wonderful opportunities for ministry here at St. Elizabeth's, and I hope that we can continue to grow and cultivate them moving forward.

During Lent, I will be leading a weekly video series where I will post a short video each Wednesday that relates to a topic associated with Catechumenate formation. This kind of formation has been around since the beginning of the church, and its primary intention is to prepare new members of the church community by leading them in formation that focuses on the core beliefs of our faith. This kind of formation is a wonderful tool during Lent as we reflect on our relationship with God and the world. I will be providing prayers, daily scripture readings, and other resources alongside the videos each week. The schedule for the weekly videos is as follows:

- March 2** "I believe in God" https://www.youtube.com/watch?v=s_n-TL2UaM4
- March 8** The Way of Salvation
- March 15** The Holy Scriptures
- March 22** The Sacraments
- March 29** The Christian Life and Spirituality
- April 5** The Christian Life and Discipleship

I'm grateful to be journeying alongside each of you this Lent, and I am looking forward to experiencing my first Holy Week and Easter here at St. Elizabeth's!

The Rev. Billy Adams

Daylight Saving Time Begins on March 12

We change to Daylight Saving Time this year on Sunday, March 12—set your clocks **ahead** one hour on Saturday night, March 11 before you go to bed.

The Choirmaster's Column

March offerings from the Senior Choir and Soloists begin on Sunday, March 5th, with the fifth movement from the *Requiem* by Camille Saint-Saëns. *Hostias* is a sublime four-part chorale that is in dialogue with short, beautiful harp interludes. This movement provides an introduction to the performance of the complete *Requiem* on March 26th.

On March 12th the congregation and choir from the Upper Ridgewood Community Church will be joining us at the 10 a.m. service. Choir Director Mike Roth and Organist Hyein Jang will be joining me in conducting and playing the service. Anthems include *Behold the Lamb of God*, from Georg Frideric Händel's *Messiah* and Elaine Hagenberg's *O Love*, which was composed in 2016.

On Sunday, March 19th, both Cantare and the Senior Choir will be singing at the Family Service. The Senior Choir will be singing John Rutter's setting of the 23rd psalm, *The Lord is my Shepherd*, composed in 1978 and included in his *Requiem*, published in 1986.

At the conclusion of this service, please join us in the Parish Hall for a Forum on the upcoming *Requiem* by Camille Saint-Saëns. The presentation that is given with the Senior Choir and Soloists will offer a detailed exploration of a portion of this extraordinary choral work. A brief introduction to the composer and the circumstances surrounding the commission in 1874 in the waning years of the Romantic period are a useful background for a more in-depth look at the music itself. Listening to music or looking at a work of art with no context can still provide one with a strong, visceral reaction. Many of us clearly know that being exposed to an illuminating Art History or Music History class can bring a deeper understanding to what we experience. We will look at a select text and explore the choices of a gifted composer. We will never know why a composer makes a specific choice unless they tell us directly, but we can discern their voice as an artist through their melodies and their harmonic choices. Harmony is the source of color in music and deeply affects how we experience a melody. Counterpoint is the interplay between all of the vocal parts and the orchestra. This element affects how we experience the linear nature of their music. Lastly, the form or structure of the movement is the architectural component that is tasked with making the listening experience a complete experience with a beginning, middle, and end. These are some of the elements we will explore at the Forum which will hopefully make the *Requiem* a more enriching experience.

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Garah Landes, *Organist and Choirmaster*

Children's Music

Our Next Singing Date: March 19 Joyful Noise and Cantare will sing at the Family Service on Sunday, March 19. Please come to the Children's Chapel at **9:15 sharp** for warmup.

It's a great time to join the Choir! We are currently preparing music for the spring and for Easter week, so it's a great time to jump in. We have a fun, friendly group of kids who like to sing, and we'd welcome more! Our two choirs--Joyful Noise (Gr. K-4) and Cantare (Gr. 5-8)—meet together on Wednesdays from 4:30 to about 5:25 p.m. (see specific times below). Singers get mp3 recordings to help learn their songs, and we perform at Sunday Family Services about once a month.

Singing imprints our faith and understanding of God's love on the heart in a way that words alone never can, and that is an extraordinary gift to any child (not to mention free music lessons!) .Please contact Catherine at chostetler@stesridgewood.org if you would like to know more about our program.

Catherine Hostetler
Associate Choirmaster



Children, Youth, and Families Ministries

Dear St. Elizabeth’s families,

Our Winter Term for Church School ends on March 5th. Many thanks to David Barrand, Katie Dickson, Mike Gabera, Deanna Hoffman, Kate Hoffman, Alison MacLaren, Emily Olkowski, Kristen Thauer, and Liz Thauer for leading our Winter Session! We are in need of additional Church School Leaders for the Spring Term, beginning March 12th. The Spring Term has 9 Church School class sessions. I provide the lesson plan each week, curriculum, suggested readings, craft supplies and instructions, and suggested activities for each class. All you have to do is lead the group through the activities! Please contact me if you have any questions or feel called to contribute to our Church School programs.

We began the Lenten season with Ash Wednesday on February 22nd. Lent can be observed by all Christians, and it is a beautiful way to remember Jesus’ sacrifice for us and prepare us for the Easter season. During Lent, we remember the 40 days that Jesus spent in the desert being tempted by the devil. We do extra prayers, fasting, and almsgiving during this season of Lent. For those looking for inspiration for Lenten practices at home with your children, I highly suggest the book, “Faithful Families for Lent, Easter, & Resurrection” by Traci Smith as well as the Instagram creator @sowinglittleseeds.

As always, my door is always open and I enjoy hearing your thoughts on different ways we can reinforce the spiritual learning we do here at St. Elizabeth’s. Stop by and visit during the week!

Yours in Christ,
Beth

March Church School and Chapel Schedule

- March 5 *Chapel:* “Light of the World”
 Church School: Nicodemus Pays a Secret Visit
- March 12 *Chapel:* “Woman at the Well”
 Church School: Woman at the Well Spreads the Word
- March 19 ***Family Worship Sunday: No Chapel***
 Church School: The Man Born Blind & Jesus Brings Lazarus
- March 26 *Chapel:* “Palm Sunday”
 Church School: Jesus Enters Jerusalem

Confirmation 2023-2023 News

The Youth Confirmation Class meets on the first and third Sundays of most months through May from 11:30 a.m.–1:00 p.m. If you have questions about the class, please contact the Rev. Billy Adams for more information. In March, Confirmation Class will meet on March 26th. Confirmation will be Saturday, May 6th at St. Michael’s in Wayne.

Prayers for the Confirmation Class

Each month we ask parents and sponsors to pray for the Confirmation class, and especially for their child or candidate. But there is no reason to limit the group of people praying so

narrowly! Here is the prayer for March. I hope that we will all use it through this month. Each monthly prayer is offered in dialogue with one of the questions asked of candidates in the Confirmation service, questions which are as lively for adults as they are for young people.

The question: Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

The prayer: Almighty God, you know that we have no power in ourselves to help ourselves: Keep N both outwardly in his/her body and inwardly in his/her soul that s/he may be defended from all adversities which may happen to the body [you may here enumerate specific concerns], and from all evil thoughts which may assault and hurt the soul [you may here enumerate specific concerns], through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen. [Adapted from the Collect for The Third Sunday in Lent, Rite II, BCP, p. 218]

YPF (Young People's Fellowship)



WOOHOOOOO!!! THERE'LL BE LOTS OF SUNNY FUN
for
St. E's 5th, 6th, 7th and 8th Graders and Friends
at the YPF's'

PARTY ON THE BEACH

SUNDAY, MARCH 5th – PARISH HALL – 6:00 to 7:30 p.m.

Shorts, bathing suits, and friends are all invited!

Acceptances required by Wed., March 1st to batt@optonline.net

Teen Outreach

Thanks to everyone who came out to help us make blankets for Project Linus! We made 20 blankets for kids who are “seriously ill, traumatized or otherwise in need” and had a great time, too!

Join us in March when we decorate flowering plants and make Easter cards for the residents at Christian Health Center and stuff Easter eggs for the St E’s Egg Hunt! We will gather Sunday, March 26th in the Parish Hall from 6:00–7:30 p.m. Please contact Melissa von Summer with questions. Look for signup coming in an email soon.



St. Elizabeth's Welcomes Newcomers

St. Elizabeth's welcomes visitors, inquirers, and newcomers to the parish community. The clergy, lay staff, Vestry, and Sunday ushers will be glad to tell you more about the congregation and answer any questions you may have. If you would like to become a member of the congregation, we would like to learn more about you and your family.

Caroline Angelica, Deanna Hoffman, Stacy Hughes
The Rev. Andy Olivo, The Rev. Billy Adams

"Let mutual love continue. Do not neglect to show hospitality to strangers for by doing that some have entertained angels without knowing it." Hebrews 13:1-2

St. Elizabeth's warmly welcomes these new parishioners...

Chris and Veronica Aquilino and their son, Charles

Bill Dunnegan & Jackie Fisher

See the Parish Directory section in the back of this issue for additional information on these new parishioners.

March 5 Adult Forum: Avoiding Online Cyber Security Risks

Parishioner and teenager Beatrice Clay, a member of the national organization "Girls Who Code," will offer a presentation on current cyber security risks and how to avoid them. She says, "In the past few years, internet safety has been a growing concern. Senior citizens are frequent targets of these online scams. With my presentation, we will start by diving into specific tactics used to trick people online such as internet phishing. Then with a solid understanding of this concept, we'll go through examples and practice how to identify and react to these threats. Overall I'm here to help our community stay safe while we navigate the online world, and I will try my best to answer any questions you have." Bea will offer her presentation in the Parish Hall on Sunday, March 5 after the 10:00 a.m. service.

Easter Memorials

As we go through the 40 days of Lent, a time of reflection for us all, we look forward to the glorious Easter day when we celebrate the rising of our Lord. At St. Elizabeth's, our altar is decorated that day with glorious lilies. These plants are all given in memory of departed loved ones.

If you would like to give a memorial for Easter Sunday, you should contact me by Sunday, March 26. Anyone who has had a memorial in previous years does not need to contact me unless there is a change or you no longer wish to continue the memorial. The cost for a memorial is \$25.00, with checks made payable to "St. Elizabeth's Church" and "Easter Memorial" written in the memo area.

Mary Szurly (szurly@optonline.net)

ECW News

St. Elizabeth's Women's Friday Morning Book Group

Our Women's Friday Morning Book Group meets on Fridays from roughly 10:00 to 11:30 a.m. on Zoom. We begin with conversation, then move into a prayer and discussion of the book.

During Lent, the Book Group has agreed to read *The Messiah* by Marjorie Holmes. The schedule for reading is:

February 24: Chapters 1-5

March 3: Chapters 6-10

March 10: Chapters 11-14

March 17: Chapters 15-18

March 24: Chapters 19-23

March 31: Chapters 24-Epilogue

April 7, Good Friday: The Book Group will not meet.

New members are always welcome! Your presence will enrich our group. Any questions may be directed to Chrys Hahn at cchrzhahn@gmail.com.

Meeting ID: 832 8050 3238

Password: Book

Or click the Zoom Link in the Friday St. E-news

For help with getting onto the Zoom link, please contact Alyce Ann Myers either by email (aamfoodtra@aol.com) or by phone (973-229-4239).

Thrift Shop

St. Elizabeth's dates to volunteer at the Midland Park Thrift Store are Tuesday, March 21 and Thursday, March 23. Thank you to all who have already signed up to help. We are still in need of volunteers on **Thursday, March 23 (one more for both the morning shift from 10:00 a.m.–12:00 noon and the afternoon shift from 1:00–3:00 p.m.)**

St Elizabeth's receives funding from this shop to help sponsor our outreach programs. We are asked to volunteer at the store only once a year, but we need to donate clothes and small household articles throughout the year. Be sure your donation is tagged with **#4** for St. Elizabeth's.

Please contact Ann Dowling at adowling@stesridgewood.org or 201-444-2299 if you can volunteer.

Lenten Challenge: Get Rid of 40 Things in 40 Days

What are you giving up for those 40 days? Here is a good idea from the late longtime parishioner Mollie Galletly.

On each day, get rid of an item in your house you no longer use or need. This does not have to be only clothes, but perhaps a kitchen item (maybe you have two ladles and only ever use one of them), a vase because you have too many or it is too big, a book you have read that has sat on the shelf for a long time, toys, a bag or wallet—these are just a few ideas. All items must be in good condition. If you do this, think how good you will feel when Easter comes that you have donated 40 things that someone else can use. All the items mentioned can be donated to the Community Thrift Shop in Midland Park where St. Elizabeth's is #4. The proceeds come back to the ECW and that money helps women and children.

As we de-clutter, we can think of those less fortunate and be grateful for our blessings.

Think about it. Mollie, who gave us this challenge a number of years ago, said it was easy, and was sure we could find at least 40 things every year!

Directory Additions

Aquilino, Christopher (Chris) & Veronica
618 Doris Place
Ridgewood NJ 07450
Charles
cvbaquilino@gmail.com

201-683-9825

William (Bill) Dunnegan & Jacqueline (Jackie) Fisher
35 Duncan Road
Ho-Ho-Kus NJ 07423
wd@dunnegan.com (Bill)
jackiefisher@optonline.net (Jackie)

Bill: 917-699-6999
Jackie: 917-572-5759

Outreach Committee News

The Outreach Committee will meet on Wednesday, March 1 at 7:30 p.m. in the Committee Room on the 2nd floor of the Parish House. Anyone interested in finding out more about Outreach is welcome to join the committee at this meeting. We meet on the first Wednesday of the month from February through June and September through November.

Our April meeting will not be held on April 5th, the first Wednesday of that month, as that is Holy Week. The Church Office will be closed the following week, Easter Week. As of this time, we have tentatively scheduled a meeting for April 19 at 7:30 p.m. in the Committee Room.

Save the Date!

We are planning an informative and fun cocktail party filled with fellowship opportunities on May 20th from 6:00 to 9:00 p.m. Details to follow.

Meals at St. Paul’s CDC Men’s Homeless Shelter

We provide meals on a drop-off basis to St. Paul’s CDC Homeless Shelter on the third Monday of the month. Meals should be delivered between 5:00 and 5:30 pm. Currently, there are 30 men in the shelter. Meals can be ordered from Wilkes or Parkwood Deli or any other place that you like. Meals can also be prepared by you and your family or friend group. Your family or group can be reimbursed for the expenses of the shelter meal whether it is catered or prepared by you.

During the Pandemic, many organizations stepped away from providing meals. That makes it all the more important that we all pitch in to assist. It would be very uplifting to see more members of the parish provide meals to these men who are working hard to lift themselves out of devastating circumstances including homelessness. There is a new schedule that begins in January, 2023 and it will be posted on the bulletin board across from the office. The available dates are: **May 15, June 19, July 17, August 21, September 18, October 16, November 20, and December 18.** If you need any additional information, please contact Denise Vollkommer at denise.vollkommer@gmail.com or 201-637-1536.

Denise Vollkommer, *Chair*
The Outreach Committee

Looking Ahead...

Weds., March 1	12:00 noon Holy Eucharist (I)
Sun., March 5	8:00 a.m. Holy Eucharist (I) 10:00 a.m. Holy Eucharist (I)
Mon., March 6	6:30 p.m. Lenten Dinner/Program
Weds., March 8	12:00 noon Holy Eucharist (I)
Sun., March 12	8:00 a.m. Holy Eucharist (I) 10:00 a.m. Holy Eucharist (I) <i>Guest Preacher: The Rev. Nolan Palsma from Upper Ridgewood Community Church</i>
Mon., March 13	6:30 p.m. Lenten Dinner/Program
Weds., March 15	12:00 noon Holy Eucharist (I)
Sat., March 18	11:00 a.m. Funeral for Samuel Pietrandrea
Sun., March 19	8:00 a.m. Holy Eucharist (I) 10:00 a.m. Holy Eucharist (I) 11:00 a.m. Requiem Forum
Mon., March 20	6:30 p.m. Lenten Dinner/Program
Weds., March 22	12:00 noon Holy Eucharist (I)
Sun., March 26	8:00 a.m. Holy Eucharist (I) 10:00 a.m. Holy Eucharist (I) & Saint-Saëns <i>Requiem</i>
Mon., March 27	6:30 p.m. Lenten Dinner/Program
Weds., March 29	12:00 noon Holy Eucharist (I)
Sun., Apr. 2	Palm Sunday – Blessing of the Palms at 9:50 a.m. on the front lawn
Mon., Apr. 3	Monday in Holy Week Holy Eucharist Rite I – 12:00 noon
Wed., Apr. 5	Wednesday in Holy Week Holy Eucharist Rite I – 12:00 noon
Thu., Apr. 6	Maunder Thursday Holy Eucharist, Rite I and Altar Stripping – 7:30 p.m.
Fri., Apr. 7	Good Friday – [Office Closed] Good Friday Liturgy – 12:00 noon; Family Service – 4:30 pm; Good Friday Liturgy – 7:30 p.m.
Sat., Apr. 8	Holy Saturday Easter Vigil – 8:00 pm
Sun., Apr. 9	Easter Sunday Family Eucharist – 9:30 a.m.; Festival Eucharist – 11:15 a.m.
Mon., Apr. 10-14	[Office Closed]
Mon., Apr. 17	May Tower Deadline
Wed., Apr. 19	12:00 noon Holy Eucharist (I)
Sat., Apr. 29	11:00 a.m. Memorial Service for Paul Carter



St. Elizabeth's

EPISCOPAL CHURCH OF RIDGEWOOD

welcome home



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The Rev. William "Billy" Adams, *Associate Rector for Church Growth*

The Rev. Susan A. Schink, *Non-Stipendiary Priest Associate*

Garah Landes, *Organist and Choirmaster*

Catherine L. Hostetler, *Associate Choirmaster*

Beth Van Emburgh, *Associate for Children, Youth, and Family Ministries*

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