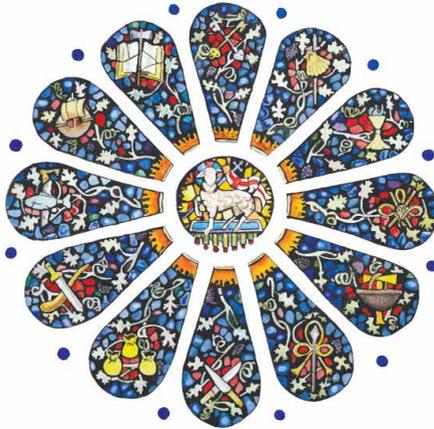


SECOND SUNDAY  
IN LENT



St. Elizabeth's

EPISCOPAL CHURCH OF RIDGEWOOD

*welcome home*

SUNDAY, MARCH 1, 2026

10:00 A.M.

HOLY EUCHARIST: RITE ONE

# THE WEEK OF MARCH 1 - MARCH 6

## Sunday

- 9:30 am Church School & Children's Chapel
- 10:00 am Holy Eucharist: Rite One (Church)
- 11:15 am Coffee Hour (Parish Hall)
- 11:30 am Choir Rehearsal (Choir Room)
- 11:45 am Youth Confirmation (Confirmation Room)

## Monday

- 8:30 am Morning Prayer (Zoom\*)
- 6:30 pm Rector's Lenten Series: Soup, Class, & Compline (Parish Hall)

## Tuesday

- 8:30 am Morning Prayer (Zoom\*)
- 12:00 pm Before Lunch Book Talk (Garden Room & Zoom)

## Wednesday

- 8:30 am Morning Prayer (Zoom\*)
- 12:00 pm Midweek Holy Eucharist & Healing Prayers (Chapel)
- 7:00 pm Outreach Committee Meeting (Conference Room)
- 7:30 pm Evening Needlecrafters (Parish Hall)

## Thursday

- 8:30 am Morning Prayer (Zoom\*)
- 10:00 am Needlecrafters (Parish Hall)
- 10:30 am Moms Group - Book discussion chapters 6&7 (Garden Room)
- 5:30 pm Children's Choir Rehearsal (Choir Room)

## Friday

- 8:30 am Morning Prayer (Zoom\*)

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*Morning Prayer is on Zoom only, Monday through Friday at 8:30 am*  
*Questions? Contact Jim Alimena at [jim.alimena@gmail.com](mailto:jim.alimena@gmail.com)*  
*\*Morning Prayer Zoom - Meeting ID: 858 4728 7483 Password: Morning*

# WELCOME

## Families with Young Children Welcome!

Quiet activity "pew bags" and Children's Worship materials are available outside the Narthex. A staffed nursery for infants-3 years is open upstairs (2nd floor). Changing tables are in all restrooms.

### Baptism

Upcoming baptism dates are April 12 and May 24. If you are interested in baptism for yourself or a child, please contact Rev. Andy or Rev. Melina for more information.

### Parish Office Hours

Regular office hours are 9am - 4pm Monday - Friday. Either Stephanie or Grace will be in the office during those times.

## UPCOMING EVENTS

### 2026 Rector's Lenten Series *Half Truths:*

#### *Things the Bible Doesn't Say*

This year's theme will feature a short video by the United Methodist pastor Adam Hamilton, followed by guided discussion about some of the most common platitudes. Join us on **Mondays in Lent** as we gather together for food, discussion, and prayer.

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### **Before Lunch Book Group** Tuesday, March 3 at 12pm (Garden Room or via Zoom)

Join us to discuss *Under the Tulip Tree* by Michelle Shocklee moderated by Joan Hickey

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### **Holy Eucharist and Healing Prayers**

We invite you to join us for a time of Intercessory Prayer immediately after the noon service of Holy Eucharist on the **Wednesdays of Lent**. Together, we will pray over parish prayer list and lift up any other prayers on our hearts and minds.

We will also offer Anointing with Holy Oil for anyone who would like to receive additional prayers of healing. You're invited to come to one or both services.

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### **Painting the Psalms** Wednesdays from 7:00-8:30pm (Parish Hall)

During Lent, Evening Needlecrafters will coincide with Painting the Psalms. We'll reflect on a Psalm and respond creatively.

Open to all, this is a simple space to slow down and encounter God through Scripture and art.

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### **Moms Group: Special Lenten Session** Thursdays from 10:30-11:30am (Garden Room)

Special Topic: *To Be Made Well: An Invitation to Wholeness, Healing, and Hope* by Amy Julia Becker; 3/5 chs. 6&7

### **Requiem for the Living- Dan Forrest Forum, Sunday, March 8th Requiem Performance, Sunday, March 22nd at 10 am**

On Sunday, March 8th, at the conclusion of the 10 am service, please join us in the Parish Hall for refreshments and a Forum on the upcoming Requiem. The Requiem will be performed at the 10 am service on Sunday, March 22nd.

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### **Family Hockey Game Day** Sunday, March 8 at 7pm Prudential Center, Newark \$39 per ticket

<https://dioceseofnewark.org/event/family-hockey-game-day/>

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### **Movie Screening**

#### Sunday, March 15 at 11:30am

You're invited to the screening of the documentary "The Philadelphia Eleven," about the trailblazers who became the first women to be ordained priests in the Episcopal Church. Come and explore the story of women's ordination as we enter our 52nd year.

RSVP <https://www.signupgenius.com/go/10C0B49ADA72AA3FFC07-61981136-thescreeing#/>

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### **5 PM Contemplative Eucharist**

Our 5 PM Contemplative Eucharist will now be held monthly, followed by a potluck-style family dinner. Join us **March 22** for prayer, worship, and good food.

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### **Art Exhibit Through April 3**

Jim Alimena's paintings will be on exhibit at the Louis Bay 2nd Library & Community Center, 345 Lafayette Avenue, Hawthorne. M-Th 9am-9pm, Fri 9am-5:30pm, Sat 10am-5pm.

# THE ORDER OF SERVICE

## THE CALL TO WORSHIP

PRELUDE *Mazurka in A minor, Op. 17, No. 4*

*Frédéric Chopin*  
(1810-1849)

*The Prelude is the first act of worship and sets the tone for all that follows in the service.  
You're invited to pause from the busyness of life and connect with God during this  
sacred time.*

## WELCOME FROM THE RECTOR

OPENING HYMN 401 "The God of Abraham praise"

## OPENING ACCLAMATION

BCP 323

Celebrant: Bless the Lord who forgiveth all our sins;

People: **His mercy endureth for ever.**

## THE COLLECT FOR PURITY

BCP 323

## THE DECALOGUE

BCP 317

KYRIE, Hymnal S-91

## THE COLLECT OF THE DAY

BCP 166

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. **Amen.**

## THE FIRST LESSON

*Genesis 12:1-4a*

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed."

So Abram went, as the Lord had told him; and Lot went with him.

Lector: The Word of the Lord.

All: **Thanks be to God.**

## PSALM 121

1 I lift up my eyes to the hills; \*  
from where is my help to come?

**2 My help comes from the Lord, \***  
**the maker of heaven and earth.**

3 He will not let your foot be moved \*  
and he who watches over you will not fall asleep.

**4 Behold, he who keeps watch over Israel \*  
shall neither slumber nor sleep;**

5 The Lord himself watches over you; \*  
the Lord is your shade at your right hand,

**6 So that the sun shall not strike you by day, \*  
nor the moon by night.**

7 The Lord shall preserve you from all evil; \*  
it is he who shall keep you safe.

**8 The Lord shall watch over your going out and your coming in, \*  
from this time forth for evermore.**

**THE SECOND LESSON**

*Romans 4:1-5, 13-17*

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Lector: The Word of the Lord.

All: **Thanks be to God.**

**HYMN 149** "Eternal Lord of love, behold your Church"

*Verses 1-2*

**THE GOSPEL**

*John 3:1-17*

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory be to thee, O Lord.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I

tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

Celebrant: The Gospel of the Lord.

People: **Praise be to thee, O Christ.**

HYMN 149 “Eternal Lord of love, behold your Church”

*Verse 3*

THE HOMILY

*The Rev. Melina Dezhbod*

THE NICENE CREED

*BCP 326*

THE PRAYERS OF THE PEOPLE

*BCP 329*

THE CONFESSION

*BCP 331*

THE ABSOLUTION

*BCP 332*

THE PEACE

*BCP 332*

# THE HOLY COMMUNION



*An offering is taken at this time. You may place your offering in the plate as it is passed or use the QR code to donate securely online.*

**THE OFFERTORY** *Requiem for the Living*

*Dan Forrest  
(b. 1978)*

*I. Introit-Kyrie*

*Requiem aeternam  
dona eis, Domine,  
et lux perpetua  
luceat eis.*

*Rest eternal  
grant to them, O Lord,  
and let perpetual light  
shine upon them.*

*Exaudi orationem meam,  
ad te omnis caro veniet.*

*Hear my prayer,  
for unto Thee all flesh shall come.*

*Kyrie eleison;  
Christe eleison;  
Kyrie eleison.*

*Lord have mercy;  
Christ have mercy;  
Lord have mercy.*

**DOXOLOGY, HYMN 380, stanza 3**

**Praise God from whom all blessings flow,  
Praise God all creatures here below,  
Praise God above ye heavenly host,  
Praise Father, Son, and Holy Ghost, Amen.**

Celebrant: All things come of thee, O Lord.

People: **And of thine own have we given thee.**

**EUCCHARISTIC PRAYER I**

*BCP 333*

**PROPER PREFACE OF LENT**

*BCP 346*

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

**SANCTUS, Hymnal S-114**

*The Congregation may remain standing or kneel  
after the singing of the Sanctus.*

**THE LORD'S PRAYER**

*BCP 336*

**THE BREAKING OF THE BREAD**

*BCP 337*

**THE PRAYER OF HUMBLE ACCESS**

*BCP 337*

**AGNUS DEI, Hymnal S-158**

*Sung while the Clergy prepare the communion vessels.*

## THE ADMINISTRATION OF COMMUNION

All baptized Christians are invited to receive the consecrated bread and wine at St. Elizabeth's. Those who are not baptized, or those who do not wish to receive communion, are invited to receive a blessing. Simply cross your arms over your chest when you come forward. Gluten-free hosts (bread) are available upon request. When directed by the Ushers, the Congregation is invited to receive the Eucharist at the altar rail or at the station on the floor. After you receive communion, return to your pew via the side aisles. If you need communion brought to you, please let the Ushers know.

## MUSIC AT COMMUNION

HYMN 337 "And now, O Father, mindful of the love"

HYMN 456 "O Love of God, how strong and true"

## POST COMMUNION PRAYER

BCP 339

## THE BLESSING

BCP 339

HYMN 473 "Lift high the cross"

## THE DISMISSAL

Response: **Thanks be to God.**

POSTLUDE *Chorale Preludes, Op. 122*

Johannes Brahms

*O wie selig seid ihr doch, ihr Frommen*

(1833-1897)

*Blessed Ye Who Live in Faith Unswerving*

## PARTICIPANTS IN THE SERVICE

Crucifer: Mary Wynn Seiter

Torchbearers: Julie Clark

Lectors: Debra Anderson, Sandy Sullivan

Eucharistic Ministers: Mary Hayes, Mary Wynn Seiter

Ushers: Don Chappell, Tom Palmer

Altar Guild: Debra Anderson, Mary Wynn Seiter, Denise Vollkommer

Coffee Hour: The Croy Family

Nursery Attendant: Gabriella Ragazzo

Livestream Guild: Matthew Hoffman

**2026 Outreach Auction  
Boots, Blessings, & BBQ  
Save the Date April 18  
6:00-9:00 pm**

Join us for a Line-Dancing  
& Fellowship Event to raise  
funds for St. Elizabeth's  
Outreach Programs  
No dance experience  
necessary

Email invitation to follow

**Prepare The Way Capital Campaign  
Pledge Update**

To date, we have received 60 pledges  
totaling a commitment of \$ 1.9M.

**Please pledge! There's still time to  
help us complete the campaign goal.**

Please fill out and return a pledge  
card today, or pledge online using the  
QR code provided here.

Prepare<sup>theWay</sup>  
Caring For Our Sacred Space

  
ST. ELIZABETH'S  
CAPITAL CAMPAIGN



## LENT 2026 AT ST. ELIZABETH'S

- **Purple hangings and matching vestments.** At St. Elizabeth's, the altar frontal is purple, with matching hangings on the lectern and pulpit, and the clergy will also wear purple stoles. Purple is the liturgical color for Lent (or an off-white, unbleached linen in some places), and it symbolizes the pain and suffering that Christ endured on the way to the cross. It is also the traditional color for royalty, reminding us of Christ's Resurrection and Kingship in heaven.
- **Changes to the Holy Eucharist.** We will use the Rite One service during Lent, which has features that are closely related to the themes of Lent. For instance, the longer bidding to Confession in Rite One (which dates to 1549), begins, "Ye who do truly and earnestly repent you of your sins" (BCP, p. 330). The Rite One service allows for sentences of scripture to be said after the Confession and Absolution. These sentences, sometimes called the "Comfortable Words," do not appear in the Rite Two service. These four passages of scripture are helpful reminders of the forgiveness of sins we, and the whole world, receive from Jesus our Lord.
- **Kyrie instead of Gloria.** Again, in keep with the spirit of penitence, we ask the Lord for mercy instead of singing a more jubilant Gloria or other song of praise. "Kyrie" is the Latin word for "Lord," but we will sing this text in English (i.e. "Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.")
- **A different musical setting for the Sanctus.** During the Holy Eucharist, you will notice different music for the Sanctus (Holy, holy, holy, Lord). The setting is a simpler version than we are accustomed during other seasons of the year, which is appropriate during Lent.
- **No "Alleluias."** In keeping with the spirit of penitence, saying and singing "Alleluia" is omitted from all services during Lent. The exception to this rule occurs if the Burial Rite (funeral) takes place during Lent. As our prayerbook says, "The liturgy for the dead is an Easter liturgy (page 507)." Even during Lent, funerals are appropriate times to say and sing "Alleluia" because those services find all their meaning in the Resurrection.
- **The Great Litany, the Exhortation, and the Decalogue.** These various parts of our prayerbook are wonderful ways for us to do the Lenten work of self-examination, repentance, and amendment of our lives. We will use these various opportunities for prayer on the different Sundays of Lent.

### 40-Day Lenten Reflection with Rev. Melina

During Lent, we are invited to turn our hearts back toward God. In this season of preparation, this 40-day reflection offers simple, daily practices of prayer, reflection, fasting, forgiveness, and love. Information about the 40-Day Lenten Reflection can be found on the bulletin board outside of Rev. Melina's office as you enter the Parish Hall.

### Holy Habits Lenten Meditations from Sister Monica Clare

Beginning on Ash Wednesday and continuing throughout the Season of Lent, Episcopal Relief and Development will once again offer daily meditations. This year explores the theme of "Holy Habits." You can learn more about the series on the ERD website and also sign up to receive the free, daily meditations in your inbox. <https://www.episcopalrelief.org/church-in-action/lent/>

## MEMORIALS AND HONORARIUMS

The flowers on the altar are given in loving memory of George Murray Webster Sr. and Beatrice Karvinsky Webster, parents of Patricia Webster Clapp, by the Clapp family and Brook Newcomb by the Hanson Family.

*Contact the church office if you are interested in honoring a loved one with altar flowers.*

## PARISH PRAYER LIST

Alex Casazza	Dot Meyer	Nancy Teichman
Alice	Effie	Pat
Bill Brancato	Elizabeth Sofia	Pauline Fiore & Family
Blanca Rojano	Evelyn & Steve Dyke	Peter Flannery
Bob	Family of Mary Ann	Qian (Chen) Liu
Bob Bell	DeGraw	Rick
Bob C.	Frankye Crump	Robbie
Bruce Neandross	Frederick Bruno	Robert
Carlos Pinto Family	George & Shelley Mackey	Robyn Pring
Catherine	Grace Behringer	Rochelle Kilzy
Catherine O'Connell	Gunnip Family	Ruth
Chris C.	Jack	Ruthie
Christian	Jamie Whaley	Sarah
Christina Olkowski	Jane Winer	Segovia Pasichniak
Claire	John Berryman	Sophie
Colten	John Mills	Sr. Maureen Mitten
Connie	Juan	Thomas Maloney
Cookie C.	Julie & Jim Robertson	Vincent Desimone
Danikka Dillon & Family	June Bové	Winston
David Barrand	Justine and Tom Boylan	Mary Ann Newcomb & Family
Dean Hawthorne	Kim Heitzenrater	Matthew Garcia
Denny	Linda	Ken Thiess
Diane and Frank	Lois Chapman	Ellen Ingber
Barletta	Lora Salt	
Diane Pring	Margaret	
Donna	Marty Melamed	
Doris	Mary	
Dorothea Hickey	Milt	
	Nancy Schrempp	

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We remember also those who have died, especially Nancy McAllen, Dorothy Catherine Lohman, Jack Keyhoe, Frank Archer, and Brook Newcomb

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### Prayer List Renewal

*The prayer list has been refreshed for Lent. To add a name—whether for intercessions or thanksgivings—please contact the Parish Office.*

# ST. ELIZABETH'S STAFF & VESTRY

## **Rector**

The Rev. D. Andrew Olivo

## **Assistant Rector**

The Rev. Melina Dezhbod

## **Associate Priests**

The Rev. Susan Schink

The Rev. Dr. Richard Sloan

## **Organist & Choirmaster**

Garah Landes

## **Associate Choirmaster**

Jennifer Hommez

## **Associate for Children, Youth, & Family Ministries**

Beth Van Emburgh

## **Director of Finance & Administration**

Grace Arscott

## **Parish Life Coordinator**

Stephanie Doyle

## **Sexton**

Fredy Reyes

## **Soloists**

Jeffrey Castellano, Alicia Luick,

Daniel Peretto, Anastasia Swope

## **Wardens**

Sandy Sullivan '28, Mike Dickson '27

## **Treasurer**

Steve Gorey

## **Assistant Treasurer**

Denise Barrand

## **Clerk**

Catherine Carter

## **Vestry**

Denise Barrand '27

Catherine Cardew '27

Bruce Firkins '27

Steve Gorey '27

Steve Anderson '28

Joan Cooke '28

Jeremy Sabella '28

Elizabeth Thauer '28

Christopher Aquilino '29

Catherine Carter '29

Stacy Wilson '29

Lauren Winter '29



# St. Elizabeth's

EPISCOPAL CHURCH OF RIDGEWOOD

*welcome home*

**Connect with us online!**



[www.stesridgewood.org](http://www.stesridgewood.org)

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Facebook: [facebook.com/stesridgewood](https://www.facebook.com/stesridgewood)

YouTube: [youtube.com/@stesridgewood](https://www.youtube.com/@stesridgewood)

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